Join us for Walking Football!

Football is our national game, beloved of millions, and the walking version is a fun, friendly and safe way of engaging in physical activity for both men and women in later life.

Where? King George V Playing Field, Ash Avenue, Worcester, WR4 9TL(free parking is available)

When? Every Friday 11am - 12.30pm

Cost? Your first session is FREE and £3.50 per session thereafter

The sessions are open to anyone over the age of 50 regardless of ability or previous experience!

Contact us to find out more:

T: 0800 008 6077

E: referralhub@ageukhw.org.uk

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